



Tom Confrey lives a full and vibrant life, attending The Arc's Western Monmouth Achievement Center during the day and residing in The Arc's Bergerville group home. In fact, Tom is one of the original Bergerville residents, living there since 1987. The Arc focuses on Tom's abilities. His niece, Jennifer says, "The Arc has given him purpose and a quality of life with opportunities beyond what living at home could have afforded him."

Tom starts his day signing "good morning" to everyone in the bus line when he arrives at his day program, and loves to participate in the day's activities. At Western Monmouth, the staff strive to keep things interesting and find a reason to celebrate every day with themes like a luau, "National Taco Day," or an indoor camping party where staff pitched a tent and read scary stories with a flashlight. Tom especially enjoys drawing or painting and has had his artwork featured at many of The Arc's events.



At home, Tom enjoys quality time with his Arc family. His Bergerville roommates often go on outings. Whether to dances sponsored by the local Elks Lodge or a trip to the pumpkin patch, they have fun engaging with their community and making memories together.

Thanks to donors like you, The Arc of Monmouth is able to continue providing quality services and opportunities for Tom and his peers. By choosing to support The Arc of Monmouth, you are choosing to support community inclusion, and you are advocating for the right of every individual to have a fulfilling and vibrant life.

Thank you for supporting The Arc of Monmouth.